



ST PATRICK OF THE ISLAND

JULY 6TH & 13TH, 2025

MASSES

SATURDAY JULY 5, 2025

5 pm Blessed Virgin in Memory of Dick,
Doris & Holy Souls
Blessings for Wilson's Family

SUNDAY JULY 6, 2025

9:30am Rosary in the Church
10 am Therese Lawson fr Hugh Lawson
Leonard Comeau from Family
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SATURDAY JULY 12, 2025

5 pm Sacred Heart in Memory of Dick,
Doris & Holy Souls

SUNDAY JULY 13, 2025

9:30am Rosary in the Church
10 am Olga Hanchuck fr Wilds Family
Michael DaSilva fr Family
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SATURDAY JULY 19, 2025

5 pm Louida Mercier from Gaetanne

SUNDAY JULY 20, 2025

9:30am Rosary in the Church
10 am Rita St Amand from Marc & Gary
Hilda Angelica Gallardo fr Family
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WEDNESDAYS— NO MASS

6 pm Rosary with Nic – outside

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SANCTUARY LAMP BURNS FOR:

Week July 5: Charles & Irene Moore
Week July 12: Sue Brazeau
Week July 19: Jackson Coulter

COLLECTIONS

The collection for June 22nd was \$1771
and for June 29th was \$1662.
Thank you for your continuing support.

MINISTERS

Sat Jul 5	5pm	Gerry
Sun Jul 6	10am	Abel
Sat Jul 12	5pm	Heather
Sun Jul 13	10am	Tony
Sat Jul 19	5pm	Gerry
Sun Jul 20	10am	

ST PAT'S MENS GROUP

Our Men's Group meet the 2nd and 4th
Saturdays of each month at 8am. Join them!

ADORATION CHAPEL

The Adoration Chapel is open from 8am-
8pm daily. Please sign in, even if you only
stay for a few minutes, this is so we know if
people are visiting the chapel.

PRAYER LIST

Sue Brazeau, Rex Padida, Clara & Vincent,
Diana & Patrick, Marie Petitpas, Tony B.,
Luigi Caputo, Angelo, Darcy Stewart, Gilbert
Fafard, Mary Martin, Nancy, Marilyn
Bowles-Dove, Kate, Theo, Denyse Cochrane,
Karen Urquhart, Adam Moss, Sharon
LeClair, Josefina Rosario, Barbara Small,
Cheryl Brunelle, Gaetanne Mercier, Caroline
MacDonald, Jean MacDonald, Caiti Dore,
Wally Eddington, Alec Patterson, Thomas
Walsh, Janice Enos, Pam Jordan, Audrey S.,
Matthew Tapp, Ronnie Laporte

PARISH BULLETIN

14TH & 15TH SUNDAYS OF ORDINARY TIME

SUMMER SCHEDULE

Until September 14th

Masses will be: Saturday 5pm
Sunday 10am.

No weekday Masses.

FAITH EDUCATION

Registration for 2025-26 Classes will take
place on Wednesdays at the office.

ESSENTIAL

We would like to wish everyone a
great summer! Don't forget your
parish needs your financial support
even in the summer.

SOMETHING TO THINK ABOUT

Is there such a thing as spiritual
blindness-unable to see God's work even
when its right in front of you?

You may recall the story of the man
stranded in a flood on his roof. A boat
comes by and offers help and he responds
"I'm waiting for God to save me." A
helicopter offers a rope and he says "No,
I am waiting for God to save me."
Eventually he drowns. When he sees God,
he asks "Lord I believed in you, why
didn't you come and save me." God
responds, "Oh my son, I sent you a boat
and a helicopter!"

When God reveals His work to us, let us
be ready to see and believe. God works in
mysterious ways – and blatantly obvious
ways too!

REFLECTION

One of the most helpful discoveries I
made during seminary was the practice
of breath prayer. This ancient form of
prayer, which can be traced back to the
desert fathers and mothers in the third
century, can be used to calm the mind
and the body in times of chaos or
anxiety.

This simple practice involves reciting a
piece of scripture, taking a deep breath
through the nose, holding for a beat or
two, and then exhaling while reciting the
rest of the scripture. This breath prayer
helped to calm me down and provided a
valuable transition from one period of my
day to another. I often sit in my car for a
few moments in the parking lot when I
arrive at work and in my driveway at the
end of the day, offering prayer and
centering myself for what is to come.
The psalms are particularly suited to
breath prayer and provide both a pause
and an opportunity to pray unceasingly
amid our hectic lives.



St Pat's Food Bank

Our food bank needs: 1 litre juice, small
instant coffee, tin tomatoes, rice, broth.

PARISH BULLETIN

For the summer, our bulletin will be
printed every two weeks. Make sure to
take a copy.