

March 1st, 2020
FIRST SUNDAY OF LENT

Readings: Genesis 2.7-9, 16-18, 25; 3.1-7, Psalm 51, Romans 5.12-19, Matthew 4.1-11.

SATURDAY February 29th, 2020 - 4:00pm

Offered for: Elizabeth Oakes, by Bobby & Fess Sunday.

Altar Servers: Miia, Ava, Bryn, & Gwen.

Lectors: Connie Thompson & Janine Rourke.

TRI-DISTRICT ELDERS-6:30pm Mass

Offered for: Annie Caldwell, by Funeral Collection.

Altar Servers: Megan, Phillip, & Morgan.

SUNDAY March 1st, 2020 – 10:00am

Offered for: Louise Jacobs, by Funeral Collection.

Altar Servers: Reagan, Analeyna & Rylee.

Lectors: Phil Tarbell & Valerie Garrow.

Tuesday March 3, 2020 - 7:00pm

Offered for: Isabel Rourke, by Funeral Collection.

Wednesday March 4, 2020 –12:10pm

Offered for: Celia Cook Conlin, by Funeral Collection.

Thursday March 5, 2020 – 12:10pm

Offered for: Manfred Ransom, by Funeral Collection.

Friday March 6, 2020 – 12:10pm

Offered for: Frank Delormier, by Funeral Collection.

SATURDAY March 7th, 2020 – 4:00pm

Offered for: Christopher Thompson, 2nd Anniversary.

Altar Servers: Miia, Ava, Bryn, & Gwen.

Lectors: Nicky King & Caroline Peters.

SUNDAY March 8th, 2020 -10:00am

Offered for: Teddy Thompson, by Funeral Collection.

Altar Servers: Regan, Analeyna, & Rylee

Lectors: Abram Benedict & Della Lazore.

FIRST SUNDAY OF LENT

“Have mercy, O Lord, for we have sinned.” Ps. 51

During my childhood in the Great Depression, **LENT** seemed to be a sad and gloomy time when we gave up good things like candy or ice cream or movies. We had to get up early, go to Mass, pray the family rosary every evening after supper.

Now, my view is different. **Lent** means “**springtime**,” a time of great hope and great joy. Days are lengthened, the cold cruelty of winter is nearly over. A bright Spring is coming. Lent is a time of penance for sin which has broken our relationship with the God who created us and loved us. To atone for sin, there are three works of Lent – **Prayer, Fasting, Almsgiving**.

Prayer - opening up our mind and heart to a loving God who thirsts to become close to us. God stands at the door of each human heart and knocks. Do you answer? Jesus has come to show us the way to deepen our love and intimacy with the Father, with the Son, sharing the love of the Holy Spirit. If we know our need

for God, we share intimacy with God. If we know our need for each other, we try to knit together relationships in our family and community.

Sometimes we come to pray and don't know what to say, but God knows even before we begin. Jesus taught us only one prayer, the **OUR FATHER**. Pray it with all the love of Jesus slowly, meditating on each word. In Lent we also pray **THE MASS**. Somebody told me, “I don't go to Mass any more. I don't get anything out of it.” You come to Mass **to give something to it** - to give faith and love and care for all the people around you in the community. Jesus is the great Giver, as He gives us His own Body and Blood, Soul and Divinity at Mass.

Fasting - giving up food. Think of Jesus on the cross crying in His agony, “I thirst.” “I thirst for your love. I thirst that you, one day, will understand who I am, why I came and why you are here.” Fasting helps us to realize that many people do not have food. Two-thirds of the children in the whole world go to bed hungry each night.

Almsgiving - giving to beggars in need. “Whatever you give to the least of my brothers and sisters, you give to Me.” At the final judgment Jesus will say, “When I was hungry, you gave Me to eat. When I was thirsty, you gave Me to drink. When I was in prison, you visited Me.” When you give alms, you feel humble to be giving to Jesus.

Next **Holy Thursday**, Jesus will invite us to the Last Supper. He will say, “Take and eat, this is **My Body**. Take and drink, this is **My Blood** poured out for you. You are greatly loved. I am with you always even to the end of the world.” On **Good Friday**, the Son of God will lay his life down, totally and completely in the act of self-sacrificing love. The Father will look down at His Son, weeping, because there's nothing He can do when His Son is dying on the cross. He knows Jesus sees the mass of humanity screaming and yelling and laughing, as He prays the words of salvation, “Father, forgive them for they know not what they do.” God has given Himself freely to all of us. We are forgiven. We are the children of God. We now look forward to **EASTER JOY**.

LENTEN REGULATIONS 2020

ABSTINENCE: All Catholics who have reached their 14th birthday are bound to **abstain from meat** on the following days: **Ash Wednesday, All Fridays of Lent, Good Friday.**

FASTING: All Catholics between 18 and 59 are bound to observe the Law of Fast on **Ash Wednesday (February 26) and Good Friday (April 10.)**

Fasting means eating less, limiting oneself to one full meal and avoiding food between meals. A light nourishment may be taken on two other occasions during the day.

PRAYER AND PENANCE: The **entire season of Lent** should be observed in a spirit of prayer and penance. Spending extra time each day in prayer, Bible study, attending daily Mass, voluntary sacrifice and self-denial, **combined with works of charity and service to others** are all excellent ways to obey the Lord's command to reform our lives and to prepare for a joyful celebration of Easter.

EASTER DUTY: All Catholics who have reached the use of reason **must confess their serious sins** in the Sacrament of Penance at least once a year. They **must receive Holy Communion** at least once between the **First Sunday of Lent (March 1) and Trinity Sunday (June 7)**

THE LORD'S PRAYER (IN MOHAWK) Ta Kwa ien ha, ne,ka ron hia ke, te si te ron, a iesa sen na ien, a ie sa wenni ios ta ke, a ie sa wen na ra kwa ke, non wen tsia ke,tsi ni iot, ne, ka ron hia ke, kie sa wen na rak wa. Takwa nont, ne, ken wen te, ia kion he kon, nia te wen nise ra ke, sa sani konr hen, ne ion kwa ri wa ne ren, tsini iot, ni, I, tsi on kwa ni konr hens. O the non, ion kini konh rak sa ton, non kwe; to sa, a ion kwa sen ni, neka ri wa ne ren, ak we kon, e ren, sa wit, nio tak sens.

NE NE KA NA KE RAH TSHE RA, NE NE KA SATS TENHSE RA, KAIATANEHRAKWAH TSHE RA, SA WEN'KNON:WA NOK TSI NEN:WE. -E THO E THO NA IA WEN.

FINANCIAL STATEMENTS

Please find the St. Regis Church and the present Church Repair statements enclosed. Lori Thompson, accountant, and Debbie Thomas, chair of the Finance Council will provide further comments.

SPECIAL INTENTION OF POPE FRANCIS FOR THE MONTH OF MARCH

Dear Lord, during this season of Lent, pour out your grace on all Catholics in China. May the Church in China persevere in its faithfulness to the Gospel and grow in unity.

ALTAR SERVERS TRAINING

Father Jerome will be starting a new class of altar servers on Saturdays at 11 AM. Please phone the rectory at 613-575-2753, Tuesday to Friday if you wish to join the class.

RELIGIOUS EDUCATION

The Confirmation class continues to meet every Wednesday evening with Jamie Ross at 6 PM. The First Communion class meets from 6 to 7:30 PM with Vickie Phillips and Debbie Thomas every Thursday. All children are expected to attend Mass and participate in the Liturgy of the Word session in the Sacristy at the 10 AM Mass.

Collections: February 22 & 23, 2020. American - \$545.13 and Canadian - \$443.00. Thank you and God Bless.

REMEMBER DINNER MEETING ON MARCH 7TH

On March 7th, Saturday, at 5:30 PM at Kateri Hall, there will be a DINNER MEETING of the 126 parishioners who signed the pink volunteer sheets in February. Following are the names:

Adams, Ernest Jake
Adams, Sally Ann
Anus, Peter Jack
Arquette, Chico
Arquette, James
Arquette, Nancy
Benedict, April
Benedict, Lilly
Bero, Cary
Bero, Daniel
Bero, Dwight
Bero, Lorraine

Bero, Marianne
Bonaparte, Rosemary
Bonaparte, Virginia
Chatland, Clarissa
Connors, Laurie
Cook, Carl
Cook, Cecelia
Cook, Dana
Cook, Elaine
Cook, Jerry
Cook, Leona
Cree, Francis

Cree, Hilda Jean
Cree, Jason
Dempsey, Serena
Forbes, Ida
Garrow, Carol
Garrow, Leonard
Garrow, Lewis
Garrow, Valarie
Gordon, Keith
Gorror, Shirley J.
Hart, Bonnie
Hart, Renee
Hemlock, Jim
Hemlock, Judy Cole
Herne, Hilda
Herne, Mary
Herne, Thomas Vernie
Herne, Toni
Jackson, Lorene
Jacobs, Charles
Jacobs, Geraldine
Jacobs, Hilary
Jacobs, Pat
Jacobs, Robert
Jacobs, Rose
Jock, Esther
Jock, Hubert
Jock, Joe
Jock, Timothy Sr.
Johnson, Catherine
Kelly, Ben
Kelly, Betty
Kelso, Joyce
King, Harry
King, Marjorie

Nicky, King
Lafrance, Cecilia
Lazore, Beatrice
Lazore, Bernice
Lazore Cathy
Lazore, Della
Lazore, Ed
Lazore, Elaine
Lazore, Marion
Lazore, Sheryl
Leaf, Frank
Massdonzo, Eloise
McDonald, Dennis
McDonald, Rose Alma
Mitchell, Sarah
Oakes, Chester
Oakes, Ida
Oakes, Leigh
Oakes, Shelia
Peters, Caroline
Peters, Genevieve
Peters, Lucille
Peters, Penny
Phillips, Cole
Phillips, Marvin
Phillips, Richard
Phillips, Vicky
Pyke, Larry
Pyke, Paulette
Ransom, Gordon
Ransom, JR
Ross, Carole
Rourke, Janine
Rourke, Marshall
Rourke, Sandra

Smoke, Hilda
Smoke, Vivian
Snyder, Don
Sunday, Angie
Sunday, Billy
Sunday, Liz
Sunday, Norma
Sunday, Robert
Sunday, Sharon
Swamp, Lilly
Tarbell, Elizabeth
Tarbell, Lisa
Tarbell, Marilyn
Tarbell, Michael
Tarbell, Norman
Tarbell, Phillip
Taylor, Sr. Christine
Terrance, Curtis
Terrance, Delia
Thomas, Brian
Thomas, Candice
Thomas, Debbie
Thomas, Ronald
Thompson, Connie
Thompson, Donald
Thompson, Jerry
Thompson, Joseph
Thompson, Lori
Thompson, Sharon
Warner, Diane Lazore
White, Kaiastaihs
Wood, Christine

LET US PRAY FOR THE SICK AND THE DECEASED

Mary, Mother of God and our Mother, your love for the poor and oppressed, the sick and the sorrowful, is so great! Look upon your suffering children with compassion, especially Shirley Garrow, Florence Cook, Peter Back, Hudson Cook, Charlotte Lazore, Marjorie King, Dewey Garrow, Kenneth Arquette, Felicia Jock, Wade River Adams, Valerie Jacobs, Philip Therrien, Viola Marshall, Laurie Connors, Alexina Auger, Mose McDonald, Bernadine Herne, Ashley Thompson. Richard Phillips, Jimmy Bero, Abraham Caldwell, Marie Casey, Danielle Cole, Jimmy Cook, Francis Cree, Julia David, Marita Francis, Carol Garrow, Leonard Garrow, Daniel George, Michael Herne, Hattie Jackson-Lazore, Joe Jackson, Brian Jacobs, Hubert Jock, Elizabeth Lazore, Loran Lazore, Marjorie Lazore, Memphis Pyke Mitchell, Charles Peters, Richard Peters, Catherine Phillips, Larry Pyke, Sheila Ransom, Mariella Steihlin, Beverly Thompson, Eleanor Thompson, Ronald Thompson, Helen White, Cheryl Wilbanks, Rita Benedict and Sister Mary Patrick Murphy. Grant your special consolation and grace to the residents of IAHKHIH-SOTHA and TSIIONKWANONHSO:TE and all our sick and homebound elders.

Eternal rest grant unto Martha Connors and Sister Donna Jean Tavernier and our deceased parishioners, O Lord, and let perpetual light shine upon them. May their souls and the souls of all the faithful departed, through the mercy of God rest in peace. Amen.

