

Grief Support Group



Are you mourning the loss of a loved one?

Are you ready to engage in a healthy grieving process?

This workshop will provide you with the necessary tools to face the various stages of grief so you can reclaim joy.



Thursday's between 2:00pm to 4:00pm

From April 4th to June 6th

23A , Ste-Anne, Saint-Chrysostome, Q.C.

Limited Space, Call Now Pre-Registration is Required



Les Aidants Naturels du HSL

Telephone: 450-826-1243

Toll free: 1-855-826-1243

dneumann@aidantsnaturelshsl.com

FREE !