

FEBRUARY 18, 2024

READINGS: Genesis 9: 8-15, Psalm 25, First Peter 3: 18-22, Mark 1: 12-15

ALL COVID-19 and FLU RESTRICTIONS APPLY - MASKS AND SOCIAL DISTANCING ARE OPTIONAL BUT HIGHLY RECOMMENDED.

SATURDAY FEBRUARY 17, 2024 4:00 PM

Offered for: Margaret and Norman Tarbell by the St. Regis Mission family **Sacristan:** Caroline Peters, **Hospitality:** Nicky King **Eucharistic Minister:** Caroline Peters **Reader:** Connie Thompson

SUNDAY FEBRUARY 18, 2024 11:00 AM

Offered for: Julia Roundpoint from the funeral collection **Sacristan:** Mildred White **Hospitality:** Eddy Lazore **Eucharistic Minister:** Lisa Tarbell, **Reader:** Carole Ross

WEDNESDAY FEB. 21, 2024 10:00 AM

IAHKIHIH SOTHA ELDER'S LODGE

Offered for: James "Dewy" Jacobs by Jean Oakes

WEDNESDAY FEB. 21, 2024 6:00 PM

Offered for: Larry Arquette from the funeral collection

THURSDAY FEBRUARY 22, 2024 12:10 PM

Offered for: Catherine Edwards from the funeral collection

FRIDAY FEBRUARY 23, 2024 12:10PM

Offered for: Mary Alice Cook from the funeral collection

SATURDAY FEBRUARY 24, 2024 4:00 PM

Offered for: Elizabeth "Betty" Kelly from the funeral collection **Sacristan:** Caroline Peters, **Hospitality:** Nicky King **Eucharistic Minister:** Caroline Peters **Reader:** Caroline Peters

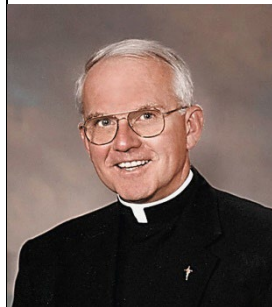
SUNDAY FEBRUARY 25, 2024 10:00 AM

Offered for: Charles "Charlie" Peters from the funeral collection **Sacristan:** Mildred White **Hospitality:** Eddy Lazore **Eucharistic Minister:** Lisa Tarbell, **Reader:** Valerie Garrow

COLLECTIONS UPDATE

FEB 10-11, 2024 CDN \$253.05 USD \$547.70
NIAWEN:KOWA GOD BLESS!

IMPORTANT NOTICE: The Liturgy Schedule is provided by the Ministry Chair, Caroline Peters. If there are questions or someone cannot attend the Mass that they are scheduled for they should contact Caroline ASAP. She can be reached by calling her at 613-575-2341 or by emailing her at caroline.peters@akwesasne.ca



FEBRUARY 18, 2024

FIRST SUNDAY OF LENT

LETTER FROM BISHOP LAVALLEY: LENT 2024

Dear Sisters and Brothers in Christ:

Soon after learning that I was to be the next Bishop of Ogdensburg, I discovered that I needed to select an Episcopal motto, a brief phrase that would express the theme of my future ministry as a bishop. I was inspired to select two simple words of invitation by Jesus to his disciples: Follow Me. These words continually challenge me to be a faithful disciple of Jesus in my journey of faith in this life, in good times and bad. They motivate me in my ministry as your bishop to offer the best possible guidance in all our earthly journeys of discipleship.

Lent 2024 calls each of us to follow the poor, humiliated and rejected Jesus. We recommit ourselves to grow ever closer to Him, particularly at this moment in history when such a commitment encounters so many challenges. Are we willing to follow Jesus even through the real struggles we face in trying to be faithful today? Can we overcome the weariness, frustration and confusion that wells up within us because the way of following Jesus has clearly become the Way of the Cross?

This Lent can be a pivotal juncture in our faith journeys. First and foremost, we must grow closer to Jesus and discover the hope and confidence that such a relationship brings. We ask ourselves what concrete steps am I willing to take this Lent to strengthen our relationship with Jesus? Does my prayer life need to be tweaked? Am I committed to participating even more attentively at Eucharist? Will I celebrate the Sacrament of Penance more regularly, spend time in Eucharistic Adoration, read Scripture; and assist in my parish's outreach to the needy?

These Spiritual Exercises are among many others that help us tend to our relationship with our Lord. With ongoing growth in my prayer life and nourishment by the Sacraments, I can confidently participate in the mission of Christ, knowing that Jesus is always by my side. Let us seek the intercession of Mary, Our Lady of Hope and Mother of the Eucharist, in our Lenten efforts to draw closer to Jesus and His Body, the Church. *God's blessings and prayers for a fruitful Lent for you and your loved ones!* Faithfully yours in Christ,

Most Reverend Terry R. LaValley, Bishop of Ogdensburg

DO YOU WANT TO FAST THIS LENT? (In the words of Pope Francis): • Fast from hurting words and say kind words. • Fast from sadness and be filled with gratitude. • Fast from anger and be filled with patience. • Fast from pessimism and be filled with hope. • Fast from worries and have trust in God. • Fast from complaints and contemplate simplicity. • Fast from pressures and be prayerful. • Fast from bitterness and fill your hearts with joy. • Fast from selfishness and be compassionate to others. • Fast from grudges and be reconciled. • Fast from words and be silent so you can listen.

THE LORD'S PRAYER (in Mohawk)

Ta kwa ien ha, ne, ka ron hia ke, te si te ron, a ie sa sen na ien, a ie sa wen ni ios ta ke, a ie sa wen na ra kwa ke, non wen tsia ke, tsi ni iot, ne, ka ron hia ke, kie sa wen na rak wa. Ta kwa nont, ne, ken wen te, ia kion he kon, nia te wen ni se ra ke, sa sa ni konr hen, ne ion kwa ri wa ne ren, tsi ni iot, ni, i, tsi on kwa ni konr hens. O the non, ion ki ni konh rak sa ton, non kwe; to sa, a ion kwa sen ni, ne ka ri wa ne ren, ak we kon, e ren, sa wit, nio tak sens. NE NE KA NA KE RAH TSHE RA, NE NE KA SATS TENH SE RA, KA IA TA NE HRA KWAH TSHE RA, SA WEN'K NON:WA NOK TSI NEN:WE - E THO E THO NI A WEN.

LENTEN PRACTICES AND EASTER DUTY:



ABSTINENCE: All Catholics who have reached their 14th birthday are bound to abstain totally from meat on the following days: Ash Wednesday, Fridays of Lent, and Good Friday.

FASTING: All Catholics between 18 and 59 are bound also to observe the Law of Fast on the following days: Ash Wednesday and Good Friday. Fasting, that is, eating less, involves limiting oneself to a single full meal and avoiding food between meals. Lighter nourishment may be taken on two other occasions in the course of the day.

PRAYER AND PENANCE: The entire season of Lent should be observed in a spirit of prayer and penance. Spending extra time in prayer or Bible study, attending daily Mass, voluntary sacrifice, and self-denial, combined with works of charity and service to others, are all excellent ways to obey the Lord's command to reform our lives and to prepare for the joyful celebration of Easter.

EASTER DUTY: All Catholics who have reached the age of reason must confess their serious sins in the Sacrament of Penance at least once a year. They must also receive Holy Communion at least once each year between the First Sunday of Lent and Trinity Sunday.

STATIONS OF THE CROSS: We adore you, O Christ and we praise you because by your holy cross you have redeemed the world! Contemplation of the Passion and Death of Jesus Christ enkindles the fire of Love. Come to Church for the communal offering of the Stations of the Cross during Lent. Each week the Stations will be offered 30 minutes prior to Mass on Saturdays and Sundays.

STATIONS OF THE CROSS AT THE MISSION CHURCH
Sundays of Lent at 9:30 AM and Saturdays of Lent at 3:30 PM
HOLY WEEK TRIDUUM 2024

PALM SUNDAY MARCH 24, 2024 Blessing of the palms

HOLY MONDAY DAY OF PRAYER MARCH 25, 2024

HOLY TUESDAY DAY OF PRAYER MARCH 26, 2024

HOLY WEDNESDAY DAY OF PRAYER MARCH 27, 2024

HOLY THURSDAY MARCH 28, 2024 Mass of the Lord's Supper at 7:00 PM.

GOOD FRIDAY SERVICE MARCH 29, 2024 at 3:00 PM – Stations of the Cross 2:00PM Reading of the Passion 3PM

HOLY SATURDAY EASTER VIGIL MARCH 30, 2024 at 7:00 PM Liturgy of the Light, Liturgy of the Word, Liturgy of Baptism, Liturgy of the Eucharist.

EASTER SUNRISE MASS at 6:30 AM MARCH 31, 2024

EASTER SUNDAY MASS at 10:00 AM MARCH 31, 2024

SACRAMENT OF RECONCILIATION Individual Confessions will be available Saturdays 3:30 PM to 4:00 PM and on Sunday mornings from 9:30 AM – 10:00AM. during lent.

LET US PRAY FOR ALL WHO ARE SUFFERING.

Lord, look with compassion on the sick and suffering, especially those at TSIIONKWANONHTSO:TE and IAHKIHHSOTHA and all our homebound Akwesasronon Elders and parishioners. Lord, if You will, heal: Steve Arquette, Dave Back, Peter Back, Hazel Bero, Marie Casey, Ashley Cook, Jerome Cook, Leona Cook, William Francis, Carol Garrow, Martha George, Dave Hall, Bernadine Herne, Vernie and Toni Herne, Julia Jacobs, Margaret and Brian Jacobs, Rose Jacobs, Christian Jock, Felicia Jock, Doreen King, Matthew Lamesse, Sean Latulipe, Hattie Jackson Lazore, Loran Lazore, Vanessa Lavare, Dorothy Lazore, Dr. Richard Loder, Sheila Marshall, Jim "McDuck" McDonald, Raymond McDonald, Memphis Pyke Mitchell, Norman and Nancy King, Herbie Oakes, Charles Peters, Lucille Peters, Richard Phillips, Helen Pyke, Sheila Ransom, Brenna Roundpoint, Greg Snyder, Earl Spinner, Angie Sunday, Jimmy Sunday, Sr. Mary Christine Taylor, Marilyn Tarbell, Ashley Thompson, Donald Thompson, Tim Thompson, and Gary White. **O Lord, Console the grieving families of our recently deceased, may their souls and the souls of all the faithful departed through the mercy of God rest in peace.**

BULLETIN ANNOUNCEMENT DEADLINE: To submit announcements for the St. Regis Mission Bulletin the deadline is **MONDAYS AT NOON**. To make a submission email rosealmamcdonald@gmail.com

TO ARRANGE FOR A PASTORAL VISIT CONTACT FR. JEROME B. PASTORES at the St. Regis Mission Church by calling (613)-575-2753 or by emailing him at jernspastor3360@gmail.com

IMPORTANT NOTICE: The St. Regis Mission food pantry is located at the rear of the Rectory. Access is via the rear parking lot ONLY. Hours are Thursday – Friday 9am to 1pm ONLY. Signs are at the Rectory indicating these times and the location. For more information contact Delinda Comins at 613-575-2753.



SACRAMENT OF BAPTISM: For the sacrament of baptism an application is required along with a copy of your child's Birth Certificate and an interview with Father Jerome. Baptisms are the **THIRD SUNDAY OF EVERY MONTH PROMPTLY AT 10:00 AM**. Call 613-575-2753 for more information.

RELIGIOUS EDUCATION AND FAITH FORMATION

UPDATE: First Communion classes are anticipated to begin **MARCH 20, 2024**. The classes will be conducted Wednesdays at 6:00–7:00pm March 20 and 27, April 3, 10, 17, 24 and May 1, 8, 15 with First Communion **SUNDAY** May 19, 2024. Sign up forms will be available at the entrance to the church. Connie Thompson and Lucy Papineau are the First Communion Catechists assisted by Verda Tarbell. Confirmation classes will be conducted by Melissa Madar-Tardif. The anticipated start date is April 2023 with confirmation June 2024. Please drop off applications to Verda Tarbell Weds-Friday 9AM - 1:00PM at the Rectory. You may also call the Rectory at 613-575-2753. For more info or contact the Director of Religious Education RJ Dolly McDonald at rosealmamcdonald@gmail.com

